



# Packing Checklist

Skiing with a lighter pack will make your experience easier and much more enjoyable. Carefully consider the benefit of each item you choose to bring from the optional list.

**12-13kg is a good target weight.**

Essential Items | Optional Items

## WEARING

*Wear or have available while skiing.*

- | 2× Thermal top
- | 2× Thermal pants
- | 4× Socks
- | 1× Long pants (hike/fleece)
- | 1-2× Midlayer
- | 1× Lightweight finger gloves/mitts
- | 1× Sunglasses
- | 1× Quick-dry shorts (hike/board shorts)

## ACCESSIBLE

*Have readily accessible at the top of your pack.*

- | 2× Health forms (Operoo/PIR)
- | 1× Raincoat (GoreTEX or equivalent)
- | 1× Rain pants
- | 1× Fleece/puffer
- | 1× Warm gloves/mittens
- | 1× Beanie
- | 1× Sunhat
- | 1× Sit pad
- | 1× Buff/scarf
- | 1× Glove liners
- | 1× Ski goggles
- | 1× Ski straps

## HOT TIP

*There is a washing machine available for use at the Chalet! You do not need to bring enough clothes for each individual day. Detergent is supplied.*

## DAY TOURS

*Comes with you each day on tours.*

- | 1× Lunch for Saturday
- | 1× Skis (backcountry, not downhill)
- | 1× Ski boots
- | 1× Stocks/poles
- | 1× Ski leashes
- | 1× Hike pack
- | 2× Water bottle (2L)
- | 500g Scroggin (snacks)
- | 1× Sunscreen
- | 1× Lip balm
- | 1× Personal first aid kit
- | 1× Head torch (+ spare batteries)
- | 1× Whistle
- | 1× Emergency blanket (space blanket)
- | 1× Whiteout cord (25m/50m)
- | 1× Compass
- | 1× Mobile Phone
- | Medication (personal)  
Bring an extra 3 days in case of extreme weather.  
Please bring all medication that is on your health form.
- | 1× Daypack
- | 1× Gaiters
- | 1× Map
- | ½× Toilet paper
- | 1× Chemical warmers
- | 1× Pocket knife/multitool
- | 1× Lighter/matches
- | 1× Glide wax
- | 1× Ski helmet
- | 1× PLB
- | 1× UHF radio (group)
- | 1× Ski repair kit (group)

## CHALET

*For using at the Chalet.*

- | 1× Single fitted mattress sheet
- | 1× Pillowcase
- | 1× Sleeping bag
- | 1× Pyjamas
- | 1× Scout uniform
- | 1× Closed toed shoes
- | 3× Underwear/bra
- | 1× Hike towel
- | 1× Travel soap
- | 1× Deodorant
- | 1× Toothbrush + toothpaste
- | 7× Period items (not undies)
- | Space for communal food (2-3kg)
- | 1× Inner sheet
- | 1× Indoor t-shirt
- | 1× Indoor pants
- | 1× Eyemask
- | 1× Shower thongs
- | 1× Shampoo/conditioner (50ml)
- | 1× Shower cap
- | 1× Moisturiser (30ml)
- | 3× Hair ties
- | 1× Snaplock bag to contain toiletries
- | 1× USB phone charger cord
- | 1× Ear plugs
- | Party night accessories (lightweight)
- | 1kg MAX Over 18s only (incl. packaging)

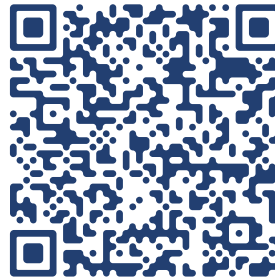
## FRIDAY NIGHT

*For Friday night at the Scout Hall — to be left in the car at Mt Beauty.*

- | 1× Breakfast for Saturday
- | 1× Sleeping mat
- | 1× Pillow
- | 1× Extra sleeping bag
- | 1× Spare clothes
- | 1× Spare torch
- | 1× Bag

## MERCHANDISE

*Please bring cash if you would like to purchase merchandise.*



<https://bogongroverchalet.org.au/downloads/Packing%20list%202023.pdf>

## COMPREHENSIVE LIST

*If you would like to use a more comprehensive list with detailed explanations for why each item is important and how to pack it into your pack, the list above may be for you.*

## SERVICE OPPORTUNITIES

*There are many opportunities for you to do service for the Bogong Rover Chalet, from working bees to being a "Nob" — one of the Winter Party leaders — to even joining BCMG!*

### WORKING BEES - Most Long Weekends

*Working Bees are held on most long weekends over summer — Melbourne Cup, Australia Day, Labour Day, Easter, ANZAC Day — and involve a variety of works on the Chalet from restocking firewood and bulk food, regular maintenance and major renovations. You can book into these on TryBookings, which can be accessed from our website.*

### NOBS TRAINING - Labour Day Weekend

*Each year we hold a training course to become a "Nob", which teaches you how to run the Chalet for a Winter Party. The Chalet needs Nobs in order for our ski weeks to run, so we would love for more Rovers to sign up. The only requirements are that you must be over 18 and have completed at least one winter party to book in. The course usually runs over the Labour Day Weekend, and you can book in on TryBookings.*

### TRAINING WEEK - Week 0 Winter Party

*Our Training Week gives you the opportunity to complete the level of Trained Participant in Cross Country Skiing, as well as tick off some of the I-Statements in the OAS and some of the proficiencies for Guide in Cross Country Skiing. You will also have the opportunity to learn how the Chalet runs and what it means to be a Nob.*

### BOGONG CHALET MANAGEMENT GROUP

*The Bogong Chalet Management Group (BCMG) is the committee responsible for the running of the Chalet. There are a variety of positions available for Venturers, Rovers and ex-Rovers, so if you're keen to help out on a more regular basis through our monthly meetings, it would be great to have you join us! Our elections are held annually at the BCMG ARAP on the second Wednesday of October.*